

Sermon: The Spirit-Filled Discipline of Prayer.
Series: *Disciplines of Grace.*

Scripture: Ephesians 6:10-20.
Date: December 31, 2023

OBSERVATION -- As a group, talk through and summarize the passage. Think through *Who, What, Where, When, How, Why* questions together.

INTERPRETATION -- Answer these questions together:

1. What does this passage teach us about us?

- a) Do you see your life as a spiritual battle? In what ways is prayer part of spiritual warfare?
- b) What are your most common prayer obstacles? Time? Boredom? Lack of knowledge? In the past how have you overcome these obstacles?

2. What does this passage teach us about God?

- a) This is how Golden defined praying in the Spirit: "Confidently placing our requests before God because of our union with Christ's enthronement with the Father over all power and authority." Talk through this definition together. What stands out to you? Challenges you?

3. What does this passage teach us about grace/salvation? How does it point to Christ?

- a) Golden encouraged us from this passage to pray from our position. What positional truths do you see in the passage? (Hint: look at the armor of God, see also Eph. 1:19-20 and 3:17-19). How can these truths strengthen your prayer life?

APPLICATION

- a) How can you pray for "all the saints" (v.18)? What will your plan be?
- b) How can you pray for gospel workers to have boldness (v.19)? What will your plan be?

PRAYER

- Acknowledge God as your father and prayer as a conversation with dad.
- Confess ways that you have failed to commune with God through prayer.
- Thank Jesus for spiritual armor that allows us to come boldly to God.
- Ask the Holy Spirit to guide you into prayer from your position in Christ.